



How to play HIDATO?

Video Instructions on how to play - click on -> <https://youtu.be/CEdYIESze5A>

Download Hidato Puzzles from Taare Social Website – Click on - >
<https://www.taaresocial.com/articles-downloads>

For more information on TARRE SOCIAL Online please visit www.taaresocial.com

Welcome to TAARE SOCIAL Online, the ultimate FREE recreation platform designed exclusively for seniors and older adults.

Fill the grid with the numbers 1 to 16 to make a non-stop connecting path. You may connect the numbers horizontally, vertically or diagonally. The start and finish numbers (the '1' and '16') are printed as circles.

1	2		4
7	6	3	11
16	15	14	13

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	9		1
12	10	8	3
16	13	7	
	14		5

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	4	9	
2	10		7
	1	16	6
12	13	14	



Now that you know how to –
lets make it tougher!

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		6	4
9	10	11	13
16			

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1			
	13	3	16
12		4	
			5

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3		10	
1	16	9	
15		13	

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	8	1	
6	16		
15		4	10



Now that you know how to –
lets make it **EVEN MORE**
tougher!

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1		7	
	2	5	
	14		11
16			

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	①		
		7	
		13	
	⑩⑥		11

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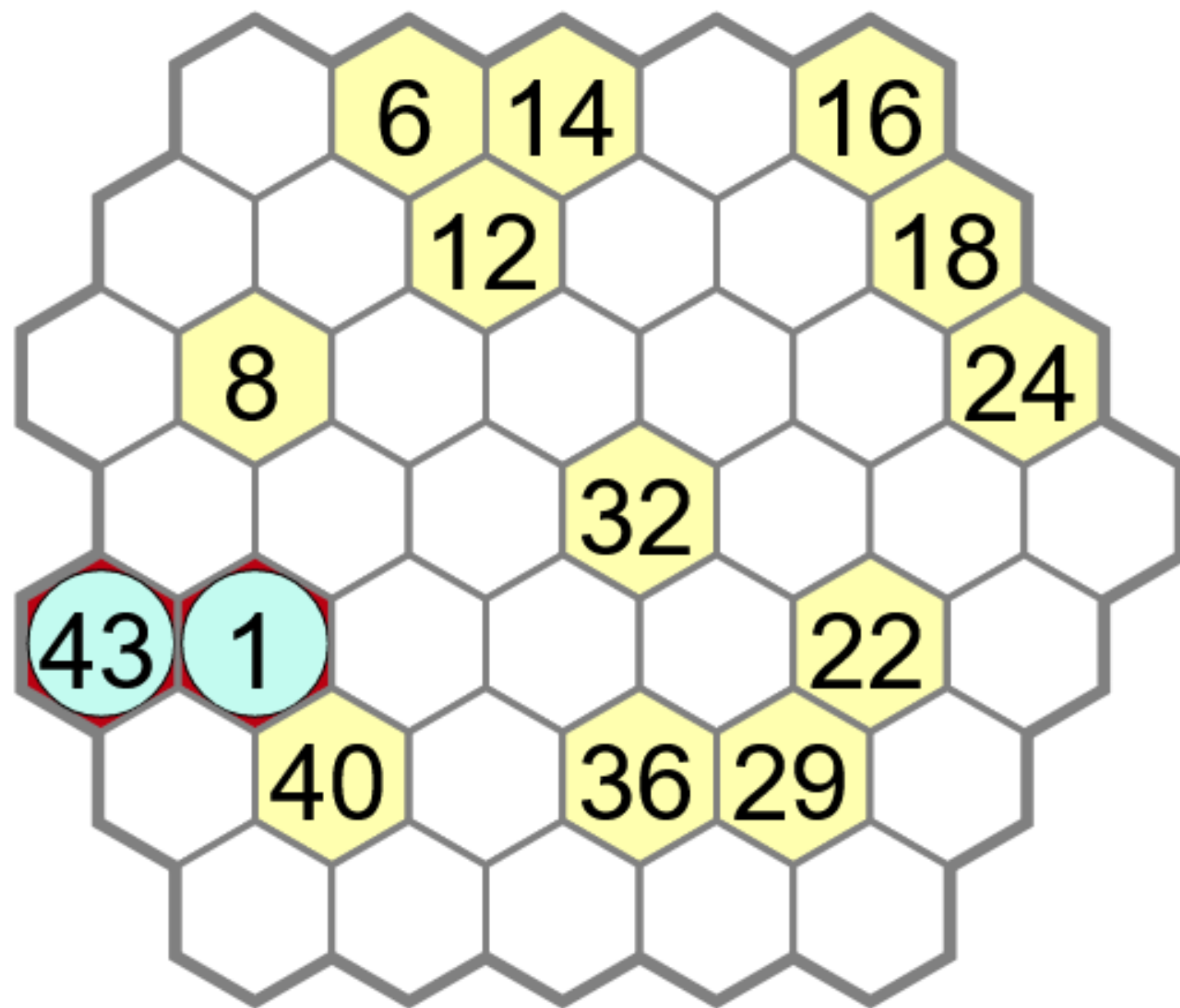
3			
	1	7	
		8	
16	14		

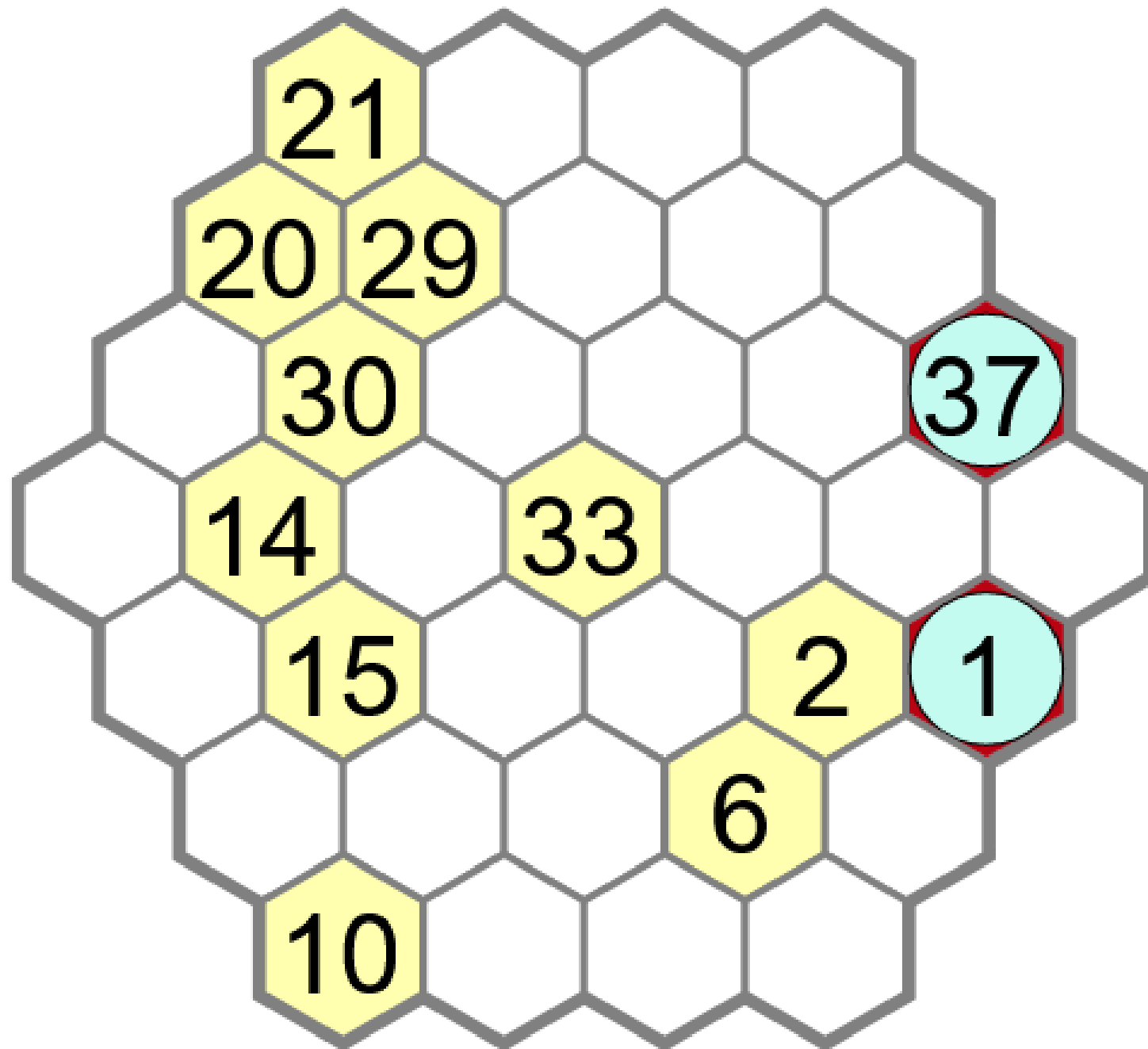
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1	16		
			4
		11	
			10



**EVEN MORE
tougher!**







Why Play Hidato

Why do Number Hidato puzzles stimulate our brain functions?

Actively solving problems requires our brains to go full throttle and use brain power. Keeping your brains healthy and fit leads to stronger brain functions. Solving puzzles, reading books and mastering new concepts stimulate our minds and souls.

Hidato-like Puzzles increase your spatial intelligence

Hidato or Number Hidato puzzles are number puzzles, but do not require specific math skills. They are more based on your spatial intelligence, your ability to see spatial, visual patterns. Connecting numbers according a certain logic (rules) does enhance your spatial abilities and can benefit you greatly in many aspects of life (reading maps for one).

Reducing age-related decline in brain functions.

Keeping your brain active by solving problems and finding solutions to problems can reduce the effects of aging on our brain functions. Puzzles like Hidato, Numbrix, Sudoku literally keep our brains young.

Stimulate brain cell synapses

The more we think, problems we solve and keeping our brains active, the more brain cell connections we make. That's how our brains work. Actively finding solutions to Number Hidato or other logic puzzles make our minds and brains spinning and growing.



Thank You

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